



'Getting kids excited about cooking and eating healthy food!'

Munchkins Kids Cooking - School Workshops 2010 Price list



Contact us:

Tel: 0208 269 1331 / 07855 479783

Email: Info@MunchkinsKidsCooking.co.uk

Website: www.MunchkinsKidsCooking.co.uk

Workshop	Timings	Information	Cost
Healthy Eating KS1 & KS2	1 ½ hours	Whole class workshops which include food tasting, discussion, creating a recipe to eat or take home & follow up work to reinforce the healthy message!	£220
'Cooking up the Curriculum'	2 hours	Whole class workshops linked to the national curriculum or special topics. Include food tasting and cooking a recipe. WW2 food rationing, micro-organisms, bread making, fruit and vegetables, sandwich making, health and food hygiene, Black History and much more!	£250
Family Learning Workshops	1 ½ hours	Cook & Eat Workshops for 15 children with their parents or carers. Incorporates food tasting, discussion, creating and adapting a recipe. Includes preparing a meal for each family to take home.	£300
Staff Training	1- 1 ½ hours	Working with teachers and/or support staff to transform the way we teach children about eating! Fun, informal workshops packed full of practical ideas for making lunchtimes and lessons better.	£300
After School Club Package		Working with schools to set up their own Healthy Eating Cookery Club. We make it easy by providing training for staff and parents, recipes, shopping lists, health and safety advice, kit lists and support for the first term.	£600
Kids Can Cook Healthy Cooking & Eating Programme	6 week intensive programme	This programme can make a real, long lasting impact on the health of your school community by tackling health and eating in an innovative and sustainable way! See separate information for more details.	£4,000

www.MunchkinsKidsCooking.co.uk