



*'Getting kids excited about cooking and eating healthy food!'*

**Munchkins Kids Cooking - School Workshops 2008 Price list**

<b>Workshop</b>	<b>Timings</b>	<b>Information</b>	<b>Cost</b>
Healthy Eating KS1	1 ½ hours	Whole class workshops which include food tasting, discussion, creating a recipe to eat or take home, evaluation & follow up work for the class teacher.	£200
Healthy Eating KS2	1 ½ hours	Whole class workshops which include food tasting, discussion, focus on following recipe instructions and evaluating skills, creating a recipe & follow up work for the class teacher.	£200
'Cooking up the Curriculum'	2 hours	Whole class workshops linked to the national curriculum or special topics. Include food tasting and cooking a recipe. WW2 food rationing, micro-organisms, bread making, fruit and vegetables, sandwich making, health and food hygiene, Black History and much more!	£250
Family Learning Workshops	1 ½ hours	Workshops for whole classes and their parents or carers. Include food tasting, discussion, creating and adapting a healthy recipe.	£300
Cookery Club Package		Working with schools to set up their own Healthy Eating Cookery Club. We make it easy by providing training for staff and parents, recipes, shopping lists, health and safety advice, kit lists and support for the first term.	£600